



Pastor Josh Surratt — March 8th, 2026

If you would like to watch the weekend message, visit www.frontrange.org/messages

This is only a guide. Feel free to discuss each of the questions provided or simply dive deeper into just one.

Scriptures:

- Ephesians 6: 16, Genesis 3:1, Romans 8:28, Isaiah 41:10, Deut. 31:6, Romans 8:1, Romans 8: 33-34, Ecclesiastes 4: 9-12, Hebrews 12:2

Three Essential Questions

The following questions are intended to be open-ended and encourage members to consider how they felt and what they, or the group, can do as a result of hearing the message.

1. What did you hear? What point in this message was most impactful for you?
2. What do you think? How did this message challenge, change, or affirm your thinking?
3. What will you do? How will you or your group put into practice what you've learned today?

Message Points/Extra Questions

1. Have you ever had an embarrassing moment where you realized you were completely on autopilot?
2. Why do you think it's easy for our spiritual lives to slip into autopilot?
3. The sermon described faith as trusting God's character when you can't see His hand. Where have you experienced that tension in your life?
4. What are some ways we can build faith before hard moments come?
5. Pastor Josh mentioned these darts/arrows: Doubt, Fear, Accusation, and Temptation. Which of these arrows hits you most often? What lies tend to repeat in your mind?
6. Which of these rhythms helps strengthen your faith most: Scripture, prayer, worship, gratitude. What makes it difficult to maintain these rhythms consistently?
7. What does it look like for believers today to "lock shields"?
8. What situations in your life right now require you to intentionally fix your eyes on Jesus?